



CLARKSVILLE MIXED MARTIAL ARTS ACADEMY

CREED OF TEAM HAVOK

WE POSSESS A SINGLE, UNIFIED GOAL THAT AFFECTS EVERYTHING WE DO. FROM THE STARTING MOMENT OF EACH PRACTICE TO THE GAMES, TO THE THROWING AND GRAPPLING THE ENTIRE TEAM MOVES AS ONE. WE GIVE 100% EFFORT AND INTENSITY IN EVERY GAME, EVERY DRILL, EVERY RANDORI AND EVERY COMPETITION. THE WAY WE MOVE ON AND OFF THE MAT, RECOGNIZE AND TAKE OPPORTUNITY TO THROW, PIN, OR SUBMIT OUR OPPONENTS, COMPLETE ANTICIPATION AND UNDERSTANDING OF ONE ANOTHER. THIS UNIFIED GOAL IS IN EVERY JUDOKA, EVERY MINUTE.

WE ARE COMMITTED TO WORKING HARD EVERY DAY ON AND OFF THE MAT. WE MEET EXACTING PHYSICAL STANDARDS WITH NO COMPLAINTS AND NO REGRETS AND GIVE THE EXTRA EFFORT TO IMPROVE OURSELVES AND OTHERS BOTH IN AND OUT OF THE GYM. OUR DETERMINATION TO EXCEL AND TO WIN IS SEEN IN HOW EXHAUSTED WE ARE AFTER PRACTICES, IN HOW WE FIGHT TO WIN IN COMPETITION AND IN HOW WE DEVELOP AND MAINTAIN OUR MENTAL TOUGHNESS AT ALL TIMES. OUR WORK ETHIC IS UNMATCHED.





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CREED OF TEAM HAVOK

BLARBOT FONTS CONTINUED BLARBOT FONTS

THE SUCCESS OF TEAM HAVOK IS BUILT ON MUTUAL TRUST. WE STRENGTHEN TRUST EVERY DAY IN PRACTICE WITH OUR PUNCTUALITY, EFFORT, WORK ETHIC AND INTENSITY. OUR TRUST IN EACH OTHER ALLOWS US TO FIGHT AGGRESSIVELY AND TAKE THE RISKS NECESSARY TO BE A GREAT TEAM AND INDIVIDUAL. THIS IS OUR TEAM AND WE SHARE THE UNDERSTANDING THAT WHAT HAPPENS ON THE MAT STAYS ON THE MAT. WE WORK HARD TO BUILD OUR PERSONAL RELATIONSHIPS. OUR TRUST IN EACH OTHER OFF THE MAT FUELS OUR COHESION ON THE MAT.

COMMUNICATIONS IS A STRENGTH WE BUILD ON EVERY DAY. WE TALK AND LISTEN TO EACH OTHER, SHOWING OUR UNDERSTANDING WITH OUR BODY LANGUAGE, UNDERSTANDING THE MEANING AND INTENT OF THE MESSAGE. WE HAVE HONEST, OPEN AND TACTFUL COMMUNICATION WITH EACH OTHER. WE ADDRESS PROBLEMS DIRECTLY AND QUICKLY, RATHER THAN LETTING THEM BUILD UP AND BECOME WORSE. WE LISTEN CLOSELY, STAY OPEN TO NEW IDEAS AND STRATEGIES AND THEN FOLLOW DECISIVELY. ON THE MAT, OUR COMMUNICATION IS BOTH VERBAL AND VISUAL. WE GIVE AND RECEIVE INSTRUCTION EASILY AND SEE THE ENTIRE SCENARIO OF RANDORI RATHER THAN JUST OUR INDIVIDUAL MATCH. TEAM HAVOK COMMUNICATES EVERY INTENTION, ON AND OFF THE MAT, WITH A STYLE THAT IS APPROPRIATE TO ALL SITUATIONS.





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CREED OF TEAM HAVOK

BLUMBOT FONTS CONTINUED BLUMBOT FONTS

EVERY MEMBER OF THIS TEAM IS A LEADER IN BOTH WORD AND ACTION. WE ARE OPTIMISTIC, ENCOURAGING AND INSTRUCTIVE WHEN WE WORK TOGETHER AND WE TAKE RESPONSIBILITY FOR UNDERSTANDING AND CORRECTING OUR MISTAKES. WE KNOW AND RESPECT EACH OTHER'S STRENGTHS AND STEP UP TO TAKE CHARGE WHEN THE SITUATION ARISES. WE RECOGNIZE THAT THERE IS A TIME TO LEAD AND A TIME TO FOLLOW AND WE COMMIT TO PUTTING THE TEAM'S GOALS AHEAD OF OUR OWN. WE ACCEPT NO LESS.

